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A method of designating a channel to be dedicated between a base station and a mobile station in a CDMA communication system. The base station generates designation information including a common channel designation indicator, the address of a common power control channel, transmission rate, and action time and transmits a message with the designation information to the mobile station. Then, the mobile station receives the message with the designation information and transmits a response message for the received message to the base station on a designated channel indicated by the designated channel indicator with transmission power set by the common power control channel at the data rate at the action time.